

# A Discussion About PTSD

**Thursday, 19 June at 7pm**

**853 Turquoise Street, Pacific Beach**

Please join American Legion Post 552 as we host:

Vic Martin, US Navy (Ret.)



**District Commander**

The American Legion, Dept. of CA  
District 22 (San Diego County)

**National Director of  
Community Engagement**

Solara Mental Health - Veterans SUD  
& Mental Health Treatment Facilities

**For a discussion about Post Traumatic Stress Disorder. Vic will discuss treatment resources available to veterans and their families.**

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Vic Martin is a dedicated advocate for veterans, mental health, and community service with a distinguished background as a U.S. Navy veteran. Serving as a Mineman specializing in underwater explosives and the Navy's Marine Mammal Program, Vic was medically retired following an injury sustained during deployment in the Arabian Gulf.

Since his retirement, Vic has passionately supported active-duty military, veterans, and their families through various leadership roles. His roles include 2nd Vice President of the San Diego Veterans Coalition, Commander of American Legion Post 275 (2022-2024), Commander of American Legion District 22 (San Diego County) (2024-2025), Advisor at Paws for Purple Hearts, Patriot at The Military Order of the World Wars, Chairperson for the San Diego Veterans Administration's Mental Health Advocacy Council, and former Committee Director at the Federal Council on Criminal Justice's Veterans Justice Commission, chaired by former U.S. Defense Secretary and U.S. Senator Chuck Hagel.

Professionally, Vic serves as the National Director of Community Engagement for Solara Mental Health, a facility dedicated specifically to treating mental health and substance use disorders among active-duty military members and veterans.

Vic actively engages in outreach, strategic advocacy, legislative efforts and direct peer support, focusing particularly on veterans experiencing mental health crises. He resides in La Mesa, California, with his wife, Kacy, and their two daughters.

